



BREAKFAST MENU

MERRILLVILLE HIGH SCHOOL

2022-2023



Mon	Tue	Wed	Thu	Fri
CHOOSE ONE ITEM	CHOOSE ONE ITEM	CHOOSE ONE ITEM	CHOOSE ONE ITEM	CHOOSE ONE ITEM
Yogurt Parfait ~~~~~ Pirate Bagel Sandwich* ~~~~~ Cereal Blast Waffle ~~~~~ Poptarts	Yogurt Parfait ~~~~~ Pirate Bagel Sandwich* ~~~~~ Cinnamon Bun ~~~~~ Poptarts	Banana Split Parfait ~~~~~ Maple Pancake Sandwich* ~~~~~ Apple Frudel ~~~~~ Poptarts	Yogurt Parfait ~~~~~ Pirate Bagel Sandwich* ~~~~~ Confetti Pancakes ~~~~~ Poptarts	Yogurt Parfait ~~~~~ Pirate Bagel Sandwich* ~~~~~ Mini Cinnis ~~~~~ Poptarts
CHOOSE 2 ITEMS Yogurt, Muffin, or Cereal Bar	CHOOSE 2 ITEMS Yogurt, Muffin, or Cereal Bar	CHOOSE 2 ITEMS Yogurt, Muffin, or Cereal Bar	CHOOSE 2 ITEMS Yogurt, Muffin, or Cereal Bar	CHOOSE 2 ITEMS Yogurt, Muffin, or Cereal Bar
MUST TAKE ONE Choice of Fruit Choice of Juice	MUST TAKE ONE Choice of Fruit Choice of Juice	MUST TAKE ONE Choice of Fruit Choice of Juice	MUST TAKE ONE Choice of Fruit Choice of Juice	MUST TAKE ONE Choice of Fruit Choice of Juice
CHOOSE ONE ITEM	CHOOSE ONE ITEM	CHOOSE ONE ITEM	CHOOSE ONE ITEM	CHOOSE ONE ITEM
1% White Milk Skim Cholate Milk ~~~~~ Breakfast consists of: 1-2 breads/meat/meat alt. 1 cup fruits/including juice 8 fluid oz. milk	1% White Milk Skim Cholate Milk ~~~~~	1% White Milk Skim Cholate Milk ~~~~~	1% White Milk Skim Cholate Milk ~~~~~	1% White Milk Skim Cholate Milk ~~~~~
<i>This institution is an equal opportunity provider.</i>	BREAKFAST \$1.70 We do not accept cash Deposit funds on your student's account through <u>Skyward Family Access</u>	Iced Lattes 99¢ 	Meal & Textbook Assistance Applications can be completed through <u>Skyward Family Access</u>	GRAB & GO BREAKFAST AT DOOR G *contains poultry