



# BREAKFAST MENU FOR GRADES 7-8



Mon	Tue	Wed	Thu	Fri
<p><b>CHOOSE ONE ITEM</b></p> <p>Yogurt Parfait *</p> <p>~~~~~</p> <p>Pirate Bagel With * Egg/Turkey Sausage</p> <p>~~~~~</p> <p>Banana/Cocoa Bread</p> <p>~~~~~</p> <p>Mini Donuts</p> <p>~~~~~</p> <p>Poptarts</p> <p>~~~~~</p> <p><b>MUST TAKE ONE</b> Choice of Fruit Choice of Juice</p> <p>~~~~~</p> <p><b>CHOOSE 1 ITEM</b></p> <p>Milk</p> <p>~~~~~</p> <p>Breakfast consists of: 1-2 breads/meat/meat alt. 1 cup fruits/including juice 8 fluid oz. milk</p>	<p><b>CHOOSE ONE ITEM</b></p> <p>Yogurt Parfait *</p> <p>~~~~~</p> <p>Chicken Sausage &amp; Cheese Biscuit Sandwich*</p> <p>~~~~~</p> <p>Cinnamon Roll</p> <p>~~~~~</p> <p>Mini Donuts</p> <p>~~~~~</p> <p>Poptarts</p> <p>~~~~~</p> <p><b>MUST TAKE ONE</b> Choice of Fruit Choice of Juice</p> <p>~~~~~</p> <p><b>CHOOSE 1 ITEM</b></p> <p>Milk</p> <p>~~~~~</p> <p></p>	<p><b>CHOOSE ONE ITEM</b></p> <p>Yogurt Parfait *</p> <p>~~~~~</p> <p>Breakfast Burrito</p> <p>~~~~~</p> <p>Raspberry &amp; Cream Cheese Bar</p> <p>~~~~~</p> <p>Mini Donuts</p> <p>~~~~~</p> <p>Poptarts</p> <p>~~~~~</p> <p><b>MUST TAKE ONE</b> Choice of Fruit Choice of Juice</p> <p>~~~~~</p> <p><b>CHOOSE 1 ITEM</b></p> <p>Milk</p> <p>~~~~~</p>	<p><b>CHOOSE ONE ITEM</b></p> <p>Yogurt Parfait *</p> <p>~~~~~</p> <p>Pirate Griddle With Egg/Turkey Sausage</p> <p>~~~~~</p> <p>Confetti Pancakes</p> <p>~~~~~</p> <p>Mini Donuts</p> <p>~~~~~</p> <p>Poptarts</p> <p>~~~~~</p> <p><b>MUST TAKE ONE</b> Choice of Fruit Choice of Juice</p> <p>~~~~~</p> <p><b>CHOOSE 1 ITEM</b></p> <p>Milk</p> <p>~~~~~</p> <p></p>	<p><b>CHOOSE ONE ITEM</b></p> <p>Yogurt Parfait *</p> <p>~~~~~</p> <p>Egg &amp; Cheese English Muffin Sandwich</p> <p>~~~~~</p> <p>Mini Cinnis</p> <p>~~~~~</p> <p>Mini Donuts</p> <p>~~~~~</p> <p>Poptarts</p> <p>~~~~~</p> <p><b>MUST TAKE ONE</b> Choice of Fruit Choice of Juice</p> <p>~~~~~</p> <p><b>CHOOSE 1 ITEM</b></p> <p>Milk</p> <p>~~~~~</p> <p>details in google classroom</p>