



# BREAKFAST GRADES 9-12



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>CHOOSE ONE ITEM</b></p> <p>Yogurt Parfait *</p> <p>~~~~~</p> <p>Bagel Sandwich</p> <p>~~~~~</p> <p>Blueberry Muffin</p> <p>~~~~~</p> <p>Donut</p> <p>~~~~~</p> <p>Poptart</p> <p>~~~~~</p> <p>Cereal Bar w/ Yogurt</p> <p>~~~~~</p> <p><b>MUST TAKE ONE</b> Choice of Fruit Choice of Juice</p> <p>~~~~~</p> <p><b>CHOOSE 1 ITEM</b></p> <p>Milk</p> <p>~~~~~</p>	<p><b>CHOOSE ONE ITEM</b></p> <p>Yogurt Parfait *</p> <p>~~~~~</p> <p>Biscuit Sandwich</p> <p>~~~~~</p> <p>Cinnamon Roll</p> <p>~~~~~</p> <p>Chocolate Chip French Toast</p> <p>~~~~~</p> <p>Poptart</p> <p>~~~~~</p> <p>Cereal Bar w/ Yogurt</p> <p>~~~~~</p> <p><b>MUST TAKE ONE</b> Choice of Fruit Choice of Juice</p> <p>~~~~~</p> <p><b>CHOOSE 1 ITEM</b></p> <p>Milk</p> <p>~~~~~</p>	<p><b>CHOOSE ONE ITEM</b></p> <p>Yogurt Parfait *</p> <p>~~~~~</p> <p>Pancake Sandwich</p> <p>~~~~~</p> <p>Raspberry &amp; Cream Cheese Bar</p> <p>~~~~~</p> <p>Maple Waffle</p> <p>~~~~~</p> <p>Poptart</p> <p>~~~~~</p> <p>Cereal Bar w/ Yogurt</p> <p>~~~~~</p> <p><b>MUST TAKE ONE</b> Choice of Fruit Choice of Juice</p> <p>~~~~~</p> <p><b>CHOOSE 1 ITEM</b></p> <p>Milk</p> <p>~~~~~</p>	<p><b>CHOOSE ONE ITEM</b></p> <p>Yogurt Parfait *</p> <p>~~~~~</p> <p>Bagel Sandwich</p> <p>~~~~~</p> <p>Confetti Pancakes</p> <p>~~~~~</p> <p>Donut</p> <p>~~~~~</p> <p>Poptart</p> <p>~~~~~</p> <p>Cereal Bar w/ Yogurt</p> <p>~~~~~</p> <p><b>MUST TAKE ONE</b> Choice of Fruit Choice of Juice</p> <p>~~~~~</p> <p><b>CHOOSE 1 ITEM</b></p> <p>Milk</p> <p>~~~~~</p>	<p><b>CHOOSE ONE ITEM</b></p> <p>Yogurt Parfait *</p> <p>~~~~~</p> <p>Biscuit Sandwich</p> <p>~~~~~</p> <p>Strawboli</p> <p>~~~~~</p> <p>Chocolate Chip Waffle</p> <p>~~~~~</p> <p>Poptart</p> <p>~~~~~</p> <p>Cereal Bar w/ Yogurt</p> <p>~~~~~</p> <p><b>MUST TAKE ONE</b> Choice of Fruit Choice of Juice</p> <p>~~~~~</p> <p><b>CHOOSE 1 ITEM</b></p> <p>Milk</p> <p>~~~~~</p>
<p>Breakfast consists of: 1-2 breads/meat/meat alt. 1 cup fruits/including juice 8 fluid oz. milk</p>	<p><b>NOW SERVING BREAKFAST IN THE PIRATE COVE</b></p> <p>POPTART KIT CEREAL BAR KIT</p>	<p>Iced Lattes Available at Breakfast for \$2* Vegan Lattes \$2.50</p> 		<p>This institution is an equal opportunity provider.</p> <p>* vegan option available</p>